

SKIP THE DIP

GET THE FACTS ABOUT SMOKELESS TOBACCO

SMOKELESS TOBACCO LIKE CHEW, DIP AND SNUS:

- is not a safe alternative to smoking;¹
- contains at least 28 cancer-causing chemicals like lead and formaldehyde and carcinogens like cadmium and arsenic;^{2,3}
- can cause gum disease, tooth decay and tooth loss.^{4,5}
- can cause white or gray patches inside the mouth that can lead to cancer.⁶



DON'T SPIT YOUR LIFE AWAY.

Get more facts by visiting thefactsnow.com/smokeless.



**Florida
HEALTH**

¹ American Cancer Society. Cancer Prevention & Early Detection Facts & Figures 2017-2018. Atlanta: American Cancer Society; 2017.

² National Cancer Institute (NCI), Centers for Disease Control and Prevention (CDC). Smokeless Tobacco and Public Health: A Global Perspective. Bethesda, MD: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and National Institutes of Health, National Cancer Institute. NIH Publication No. 14-7983; 2014.

³ Food and Drug Administration (FDA). Harmful and potentially harmful constituents in tobacco products and tobacco smoke: established list. Federal Register. 2012; 77(64): 20034-20037.

⁴ World Health Organization. IARC Monographs on the Evaluation of Carcinogenic Risks to Humans. Volume 89: Smokeless Tobacco and Some Tobacco-Specific N-Nitrosamines. Lyon (France): World Health Organization, International Agency for Research on Cancer, 2007 [accessed 2018 Nov 13].

⁵ Piano MR, Benowitz NL, Fitzgerald GA, Corbridge S, Heath J, Hahn E, et al. Impact of Smokeless Tobacco Products on Cardiovascular Disease: Implications for Policy, Prevention, and Treatment: A Policy Statement from the American Heart Association. Circulation 2010;122(15):1520-44.

⁶ World Health Organization. IARC Monographs on the Evaluation of Carcinogenic Risks to Humans. Volume 89: Smokeless Tobacco and Some Tobacco-Specific N-Nitrosamines. Lyon (France): World Health Organization, International Agency for Research on Cancer, 2007 [accessed 2018 Nov 13].