



# DIABETES Support group

**Second Wednesday of each month  
3-4 p.m.**



**Take control of  
your diabetes**



**Learn strategies  
from a registered  
dietitian**



**Share best  
practices with  
others**

Classes held at the  
**Florida Department of Health in Putnam County**  
**2801 Kennedy St.**  
**Palatka, FL 32177**

Contact



**386-326-3223**



**[Carol.Kazounis@FLhealth.gov](mailto:Carol.Kazounis@FLhealth.gov)**



**SHARE | LEARN | SUPPORT**



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# INSULIN Distribution Program



The Florida Department of Health in Putnam County offers no-cost and reduced-cost insulin to individuals who qualify.

## ELIGIBILITY

- ✓ Florida residents, living in Putnam County
- ✓ Uninsured, underinsured, or whose insurance does not cover insulin
- ✓ Income eligible, based on federal poverty guidelines
- ✓ Must have a prescription for Humulin 70/30, Humulin N, or Humulin R

Test strips, blood sugar monitors, and syringes are not provided by the Insulin Distribution Program.



For more information about the Insulin Distribution Program, contact the Florida Department of Health in Putnam County:



386-326-3200



[Putnam.FloridaHealth.gov](http://Putnam.FloridaHealth.gov)