

Florida Department of Health in Putnam County

WIC Helpful Links for Breastfeeding



USDA
WICBreastfeeding.FNS.USDA.gov
Links to helpful breastfeeding information, articles, and videos.



La Leche League
LLLi.org
Current breastfeeding information on various topics, available in multiple languages.



Baby Gooroo
BabyGooroo.com
Breastfeeding video series.



Kelly Mom
KellyMom.com
Mother-to-Mother support boards with up-to-date breastfeeding and parenting advice.



Post Partum
PostPartum.net
Learn more about postpartum depression and resources for help.



Global Health Media
GlobalHealthMedia.org
Wide selection of breastfeeding videos, including getting started with breastfeeding.



Infant Risk
InfantRisk.com
Evidence based information regarding medication and mother's milk. 806-352-2519



Nourishing Babies Support
386-326-3216
Request information for WIC's Nourishing Babies Support Group. Hosted the 4th Thursday of every month, online and in-person.

To contact a Putnam County WIC peer counselor, call:
386-937-6405

This institution is an equal opportunity provider.

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